



The National Eczema Association
is excited to announce:

**2010 Patient Conference
REGISTRATION
is now open!**

Join us in Chicago, August 5 - 8.
Early bird conference pricing ends June 11

National Eczema Association Patient Conference *for Eczema Patients & Families*

Thursday, August 5 - Sunday, August 8, 2010
Doubletree Hotel Chicago Magnificent Mile, Chicago, IL
*In collaboration with Northwestern University Feinberg School of Medicine Department of Dermatology
and Northwestern University Eczema Care & Education Center*

The [National Eczema Association Patient Conference](#) is for people of all ages who have eczema or care about someone who has eczema. Participants gain knowledge on the most current medical treatments, skin management techniques, ongoing research in the field, and nationwide support activities.

- **LEARN** how to treat your eczema more effectively
- **RECEIVE** answers to your questions from world-renowned medical experts
- **OBTAIN** medical research updates
- **CONNECT** with others to exchange ideas, support and advice
- **GAIN** knowledge of products helpful to those with eczema
- **INSPIRE** others with your tips and experience

The conference features a **KIDS CAMP** which supports children with eczema, cultivates self esteem and confidence, and is for youth with eczema, their siblings and friends (two groups: Kids 5-12 and Teens 13-17).

[Visit the NEA Conference website to learn more >>>](#)

See you in Chicago!

A Life Changing Experience for My Family

NEA Patient Conference

I learned more in a few short days about eczema than I had in nine long years. The access to the doctors and other medical professionals was amazing. If you or someone you love is suffering from eczema, you can't afford not to attend. The conference we went to was a life-changing experience for my family.

-Marcene Nielson, San Diego, CA

Why are you attending the NEA Patient Conference? Let us know, we'd love to hear from you:
info@nationaleczema.org

E-Insights Scratch Pad

Tips from our members

I was diagnosed with eczema over 10 years ago. I had extremely painful blisters, severe itching, oozing and deeply cracked hands and feet. I had been through multiple treatments over the years including steroid injections, pills, creams, and light treatments. At times, I was unable to work and unable to walk due to the pain and swelling. A year and a half ago, my gym trainer said I needed to try a natural product called Stem Enhance which boosts your natural stem cells. I started taking 2 capsules every day. There were no immediate results, however, over the proceeding 3-4 months, my itching and blisters disappeared and in time, the deep cracks in my hands and feet resolved. I am so grateful to my trainer. I haven't seen my dermatologist over the past year and a half, and best of all, no more steroids, which, by the way, put me into a diabetic status which required diabetic medication which I am now weaning from. Thank goodness!

- Cathy Jerrems, RNC BSN, Meridian, Idaho

Do you have a story or tip to share about what's helped with your eczema? Email your Scratch Pad tip to info@nationaleczema.org so that we may publish it and help others!

NEA does not endorse or recommend any treatment regimens, diets, medications or products. Scratch Pad is intended as a forum for individuals with eczema to share information.

Advancing Itch Research

NEA Co-Sponsors Symposium on Itch at International Workshop

NEA co-sponsored Itch Scoring in Clinical Trials during the Fifth International Workshop on Itch in Tokyo, Japan. Included in the symposium were the following presentations: "Overview of Itch Measurements" by Toshiya Ebata, MD, "Special Interest Group (SIG): Measurement of Itch in Clinical trials" by Sonja Ständer, MD, "Visual Analogue Scale as a Validated Assessment of Pruritus Intensity" by Adam Reich, MD, and "Patient Reported Outcomes: Quality of Life and Patient Benefit Index" by Matthias Augustin, MD.

All eczema patients should be very encouraged by the number of scientists around the world now studying atopic dermatitis and itch.

[Read more about the Fifth International Workshop on Itch and what scientists are studying > > >](#)



Seal of Acceptance Product Spotlight

Albolene Moisturizing Cleanser®

Products which have received the [National Eczema Association Seal of Acceptance](#) are those that have been created or intended for use by persons with eczema or sensitive skin conditions and that have satisfied the NEA Seal of Acceptance criteria.

This month's Seal of Acceptance featured product is Albolene Moisturizing Cleanser®, made by DSE Healthcare Solutions. Albolene is an effective and gentle makeup remover that also provides great moisturizing benefits. Used immediately after bathing, Albolene is a good occlusive preparation to seal in the water and hydrate the skin.

[To learn more, visit the NEA Seal of Acceptance Product Directory >>>](#)



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