



Expo Camp: Junior Warriors Agenda

Subject to change

THURSDAY

3:00PM-5:00PM	<p>Check-in and Skincare 101 Come one, come all! Join us for a refreshing seasonal beverage, get your Expo check-in squared away, and visit the Skincare Stations to learn basics from eczema experts.</p>
5:15PM-5:45PM	<p>Orientation sessions Get the most out of your Expo experience with a quick, expert-led session designed to help you get familiar with the resort and the Expo schedule.</p>
6:00PM	<p>Meet-ups Meet up with your peeps to maximize your Expo fun! We'll have meet-ups for teens and families, plus for adults who are new to Expo, attending solo, or just want to make connections right away.</p>
6:00PM	<p>Outdoor activities As the summer sun sets, it's time to get outdoors! Enjoy complimentary family-friendly activities including Expo-exclusive cabanas, Cosmic Slide (on the 3-story water slide), rock climbing wall, and outdoor games. (Times will vary.)</p>

FRIDAY

7:00AM-7:30AM	<p>Family fitness - morning meditation An all-ages session designed to help quiet the mind, reduce stress, and discourage flares.</p>
8:00AM-8:45AM	<p>Expo Camp dropoff</p>
8:00AM-10:30AM	<p>Games and crafts</p>
10:30AM-10:45AM	<p>Snack Flare-friendly eats - on us!</p>
10:45AM-11:30AM	<p>Junior Warriors Session: Eczema 101, Jr. What is eczema? Do we know what causes it and how can we treat it? Learn about the different types of eczema, the treatments available, and the latest understanding about the causes of eczema.</p>
11:30AM-12:00PM	<p>Games and crafts</p>
12:00PM-1:15PM	<p>Lunch</p>

	Flare-friendly eats – on us!
1:15PM-2:15PM	Hyatt-hosted activity (TBA)
2:15PM-3:00PM	Indoor scavenger hunt
3:00PM-3:15PM	Snack Flare-friendly eats – on us!
3:15PM-5:30PM	Games and crafts
5:30PM	Expo Camp pick up
6:00PM-9:00PM	Old Town Scottsdale shuttles
6:00PM-10:00PM	Expo cabanas Hit the pool and take cover in one of the complimentary Expo cabanas.
7:00PM-9:00PM	Dive in movie What's better than a Friday night family flick? How about watching the movie while you float in one of the Hyatt's refreshing pools? Grab an inner tube and enjoy the show!
7:00PM-9:00PM	Gondola boat rides Transport yourself to the waterways of Venice aboard a beautifully-crafted gondola. Classically-trained singers provide an Italian serenade as you cruise the resort's lake. \$

SATURDAY

7:00AM-7:30AM	Family fitness – Eczercise When you have eczema, you need a no sweat approach to exercise. This fun, family-friendly class will get your heart pumping with minimum flares.
8:00AM-8:45AM	Expo Camp dropoff
8:00AM-9:15AM	Games and crafts
9:15AM-10:15AM	Junior Warriors session: The magic from within Leveraging her background in psychology and education, Eunice Yu leads a group exploration of eczema and self-identity.
10:15AM-10:30AM	Snack Flare-friendly eats – on us!
10:30AM	Option 1: To buses
11:00AM-12:30PM	Option 1: OdySea Aquarium outing
12:30PM-1:15PM	Option 1: Lunch (box lunch at OdySea) Flare-friendly eats – on us!
1:15PM-3:00PM	Option 1: OdySea Aquarium

3:00PM	Option 1: To buses
10:30AM-12:00PM	Option 2: Games and crafts
12:00PM-12:45PM	Option 2: Lunch Flare-friendly eats - on us!
12:45PM-2:00PM	Option 2: Hyatt-hosted activity (TBA)
2:00PM-3:50PM	Option 2: Games, crafts, and free time
4:00PM-4:15PM	Snack Flare-friendly eats - on us!
4:15PM-5:30PM	Games and crafts
5:30PM	Expo Camp pick up
6:30PM-7:30PM	Junior Warriors pizza party This dinner of yummy (but still flare-friendly) house-made pizza comes with appearances by some of the characters that will appear later in the film!
7:30PM-9:30PM	Movie Night Settle in with friends and snacks for a family-friendly film.

SUNDAY

7:00AM-7:30AM	Family fitness - sunrise yoga Rise and shine with a family-friendly practice that can be modified for yogis of all ages and levels.
8:00AM-8:45AM	Expo Camp dropoff
8:00AM-9:30AM	Games and crafts
9:30AM-10:15AM	Hyatt-hosted activity (TBA)
10:15AM-10:30AM	Snack Flare-friendly food - on us!
10:30AM-12:30PM	Awards, address books, final photos
12:30PM-2:30PM	Lunch and closing ceremonies We're getting the whole gang together! Junior and Senior warriors will join the adults for a flare-friendly group lunch and Expo-closing ceremonies.
2:30PM-6:00PM	Expo cabanas If you're up for a dose of the desert sun, hit the pool and take cover in one of the complimentary Expo cabanas.