



Expo Camp: Senior Warriors Agenda

Subject to change

THURSDAY

1:00PM-3:00PM	<p>Workshop - Vision boarding Eczema Warrior and VisionHery founder Ashley Ann Lora will help fellow warriors set an inspiring course for the future, seeing past eczema and its perceived limits. \$</p>
1:00PM-3:00PM	<p>Workshop - The story of self Leveraging her background in psychology and education, Eunice Yu will lead a group exploration of eczema in a three part discussion and reflection series in order to and help attendees identify alternative methods to navigate eczema related anxieties and stressors...and leave with a sense of urgency as a collective group of individuals, that together, give eczema a voice. \$</p>
3:00PM-5:00PM	<p>Check-in and Skincare 101 Come one, come all! Join us for a refreshing seasonal beverage, get your Expo check-in squared away, and visit the Skincare Stations to learn basics from eczema experts.</p>
5:15PM-5:45PM	<p>Orientation sessions Get the most out of your Expo experience with a quick, expert-led session designed to help you get familiar with the resort and the Expo schedule.</p>
6:00PM	<p>Meet-ups Meet up with your peeps to maximize your Expo fun! We'll have meet-ups for teens and families, plus for adults who are new to Expo, attending solo, or just want to make connections right away.</p>
6:00PM	<p>Family meet-up Meet up with your peeps to maximize your Expo fun!</p>
6:00PM	<p>Outdoor activities As the summer sun sets, it's time to get outdoors! Enjoy complimentary family-friendly activities including Expo-exclusive cabanas, Cosmic Slide (on the 3-story water slide), rock climbing wall, and outdoor games. (Times will vary.)</p>

FRIDAY

7:00AM-7:30AM	<p>Expo fitness classes Sunrise yoga, morning meditation, flare-friendly ecz-ercise, water fitness, and family fitness sessions</p>
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8:00AM-8:45AM	Expo Camp dropoff
8:00AM-10:00AM	Games and crafts
10:00AM-10:50AM	Senior Warriors Session: Eczema 101 What is eczema? Do we know what causes it and how can we treat it? Learn about the different types of eczema, the treatments available, and the latest understanding about the causes of eczema. Presenter: Harper Price, MD
10:50AM-11:10AM	Break – Exhibitor reception Fuel up for the day with a bite to eat (on the house!) and visit our Expo exhibitors and Sample Buffet to discover new products and therapies to help you live well with eczema.
11:20AM-12:20PM	Senior Warriors session: The magic from within Leveraging her background in psychology and education, Eunice Yu leads a group exploration of eczema and self-identity in order to empower and spark the magic and the strength that resides within each and every one of us!
12:30PM-1:05PM	Lunch Flare-friendly eats – on us!
1:05PM-1:50PM	Senior Warriors session: School and work How do you choose a college and a career path when you're living with eczema? What do you need to consider when you're moving out on your own, into a dorm, or hundreds of miles from home? Peers and professional advisors will help you plan for your future. Presenter: Mamta Jhaveri
2:00PM-2:50PM	Senior Warriors session: #Awkward Everything you wanted to know about living with eczema... but were afraid to ask. We'll have peers and experts on hand to answer all of your questions – the more awkward, the better. Presenter: Amanda Michaud, PA-C, Jessica Bartolini, Sam Bittner
2:50PM-3:05PM	Snack Flare-friendly eats – on us!
3:00PM-4:00PM	Hyatt-hosted cultural activity
4:10PM-5:00PM	Senior Warriors session: How to teen with eczema Navigating teen years with eczema can be really tricky. Peer and expert advisors will help you make sports, swimming, makeup, shaving, fashion, and events like prom, homecoming, and school photos more manageable. Presenter: Craig Teller, MD
5:10PM-5:30PM	Games and crafts
5:30PM	Expo Camp pick up
6:00PM-9:00PM	Old Town Scottsdale shuttles

6:00PM-10:00PM	Expo cabanas Hit the pool and take cover in one of the complimentary Expo cabanas.
7:00PM-9:00PM	Dive in movie What's better than a Friday night family flick? How about watching the movie while you float in one of the Hyatt's refreshing pools? Grab an inner tube and enjoy the show!
7:00PM-9:00PM	Gondola boat rides Transport yourself to the waterways of Venice aboard a beautifully-crafted gondola. Classically-trained singers provide an Italian serenade as you cruise the resort's lake. \$

SATURDAY

7:00AM-7:30AM	Expo fitness classes Sunrise yoga, morning meditation, flare-friendly ecz-ercise, water fitness, and family fitness sessions
8:00AM-8:45AM	Expo Camp dropoff
8:00AM-10:15AM	Games and crafts
8:45AM-9:30AM	Eczema sucks (ages 12-14) Let's get real. Sometimes, living with eczema can be a serious bummer. This is your chance to vent about the realities of life with eczema, no holds barred.
9:30AM-10:15AM	Eczema sucks (ages 15-17) Let's get real. Sometimes, living with eczema can be a serious bummer. This is your chance to vent about the realities of life with eczema, no holds barred.
10:15AM-10:30AM	Snack Flare-friendly eats - on us!
10:30AM	Option 1: To buses
11:00AM-12:30PM	Option 1: OdySea Aquarium
12:30PM-1:15PM	Option 1: Lunch (box lunch at OdySea) Flare-friendly eats - on us!
1:15PM-3:00PM	Option 1: OdySea Aquarium
3:00PM	Option 1: To buses
10:30AM-12:00PM	Option 2: Games and crafts
12:30PM-1:15PM	Option 2: Lunch Flare-friendly eats - on us!
12:45PM-2:00PM	Option 2: Hyatt-hosted activity
2:00PM-3:50PM	Option 2: Games, crafts, and free time

4:00PM-4:15PM	Snack
4:15PM-5:00PM	Senior session: Ask the ecz-perts This is your chance to get expert answers to all of the questions you haven't yet asked at Expo.
5:00PM-5:30PM	Games and crafts
5:30PM	Expo Camp pick up
6:30PM-7:30PM	Senior Warriors Taco Social Hang out and eat tacos with your friends. Flare-friendly dinner and dessert is on us.
7:30PM-9:30PM	Option 1: Movie Night Join the Junior Warrior crew to settle in with friends and snacks for a family-friendly film.
7:30PM-11:30PM	Option 2: Ecz-travaganza Join the adults for a dance party to celebrate NEA's 30 th Anniversary and our community of eczema warriors.

SUNDAY

7:00AM-7:30AM	Expo fitness classes Sunrise yoga, morning meditation, flare-friendly ecz-ercise, water fitness, and family fitness sessions
8:00AM-8:45AM	Expo Camp dropoff
8:00AM-10:15AM	Games and crafts
10:15AM-10:30AM	Snack Flare-friendly eats - on us!
10:30AM-12:30PM	Awards, address books, final photos
12:30PM-2:30PM	Lunch and closing ceremonies We're getting the whole gang together! Junior and Senior warriors will join the adults for a flare-friendly group lunch and Expo-closing ceremonies
2:30PM-6:00PM	Expo cabanas If you're up for a dose of the desert sun, hit the pool and take cover in one of the complimentary Expo cabanas.
3:00PM-5:00PM	Workshop - Celebrate your skin (under 15 with approval) Harness the momentum of Expo and take the next step in your transformation. Join Instagram influencer Alexis Smith, writer Sarah Harris, and photographer Tori Soper for a workshop designed to help you own your eczema and celebrate your skin. \$

3:00PM-5:00PM	Workshop - Advocacy intensive (under 15 with approval) Are you ready to take action? Learn from NEA's VP of Advocacy and NEA's advocates how you can get involved and get started making a difference.
3:00PM-5:00PM	Workshop TBA (under 15 with approval)