



## Expo Camp: Senior Warriors Agenda

*Subject to change*

### THURSDAY

1:00PM-3:00PM	<p><b>Workshop - Vision Boarding</b> Eczema Warrior and VisionHery founder Ashley Ann Lora will help fellow warriors set an inspiring course for the future, seeing past eczema and its perceived limits. Location: Markland</p>
1:00PM-3:00PM	<p><b>Workshop - The Story of Self</b> Leveraging her background in psychology and education, Eunice Yu will lead a group exploration of eczema in a three-part discussion and reflection series in order to help attendees identify alternative methods to navigate eczema related anxieties and stressors...and leave with a sense of urgency as a collective group of individuals, that together, give eczema a voice. Location: McDowell</p>
3:00PM-5:00PM	<p><b>Check-in and Skincare 101</b> Come one, come all! Join us for a refreshing seasonal beverage, get your Expo check-in squared away, and visit the Skincare Stations to learn basics from eczema experts. Sponsored by Dermira, Lilly, Pfizer Facilitators: Sam Casselman, DNP; Emily Cole, RN; Tracee Blackburn, PA-C Location: Terrace Court Lobby and Arroyo</p>
5:15PM-5:45PM	<p><b>Orientation sessions</b> Get the most out of your Expo experience with a quick tour designed to help you get familiar with the resort and the Expo schedule. Sponsored by Sanofi Genzyme Regeneron Location: Dunes Lobby</p>
6:00PM	<p><b>Meet-ups</b> Meet up with your peeps to maximize your Expo fun! We'll have meet-ups for teens and families, plus for adults who are new to Expo, attending solo, or just want to make connections right away. Location: Teens: Lobby Game Table   Families: Poolside Lawn   Everyone else: Center Stage Bar</p>
6:00PM	<p><b>Outdoor activities</b> As the summer sun sets, it's time to get outdoors! Enjoy the multiple pools, complimentary family-friendly activities including Expo-exclusive cabanas.</p>
8:00PM	<p><b>Dive-in Movie: Harry Potter and the Philosopher's Stone</b> Grab some (dairy-free, nut-free) popcorn and settle in for a flick. Location: Family pool</p>

## FRIDAY

7:00AM-7:30AM	<b>Expo wellness classes</b> Locations: Sunrise Yoga (outdoors): Palm Grove   Morning Yoga (indoors): Sonwai   Mindful meditation: McDowell   Ecz-ercise: Markland   Water Fitness: Family Pool   Family Fitness: Hyatt Boardroom
7:45AM-9:30AM	<b>Check-in</b> If you weren't able to get your badge(s) Thursday night, now is your chance! Be sure to pick up your child's badge before dropping them at Expo Camp. Location: Vaquero Foyer
8:00AM-8:45AM	<b>Expo Camp dropoff</b> Location: Dunes Foyer
8:00AM-10:00AM	<b>Let's get the party started!</b> Location: Sonwai 4-5
10:00AM-10:50AM	<b>Senior Warriors Session: Eczema 101</b> What is eczema? Do we know what causes it and how can we treat it? Learn about the different types of eczema, the treatments available, and the latest understanding about the causes of eczema. Presenter: Harper Price, MD Location: Arizona VI
10:50AM-11:10AM	<b>Break – Exhibitor reception</b> Fuel up for the day with a bite to eat (on the house!) and visit our Expo exhibitors and Sample Buffet to discover new products and therapies to help you live well with eczema. Location: Vaquero Foyer
11:20AM-12:10PM	<b>Senior Warriors session: How to teen with eczema</b> Navigating teen years with eczema can be really tricky. Peer and expert advisors will help you make sports, swimming, makeup, shaving, fashion, and events like prom, homecoming, and school photos more manageable. Location: Sonwai 3
12:15PM-1:00PM	<b>Lunch</b> Flare-friendly eats – on us! Location: Sonwai 4-5
1:05PM-1:50PM	<b>Senior Warriors session: School and work</b> How do you choose a college and a career path when you're living with eczema? What do you need to consider when you're moving out on your own, into a dorm, or hundreds of miles from home? Peers and professional advisors will help you plan for your future. Medical expert: Mamta Jhaveri, MD Location: Sonwai 3
2:00PM-2:50PM	<b>Senior Warriors session: #Awkward</b> Everything you wanted to know about living with eczema... but were afraid to ask. We'll have peers and experts on hand to answer all of your questions – the more awkward, the better. Medical expert: Amanda Michaud, PA-C

	Location; Sonwai 3
3:00PM-3:15PM	<b>Snack</b> Flare-friendly eats – on us!
3:15PM-3:45PM	<b>Camptime fun!</b> Including a visit from Joe the Bird Guy, who will bring one of his magnificent birds of prey! Location: Sonwai 4-5
4:00PM-5:00PM	<b>Senior Warriors session: The magic from within</b> Leveraging her background in psychology and education, Eunice Yu leads a group exploration of eczema and self-identity in order to empower and spark the magic and the strength that resides within each and every one of us! Presenter: Eunice Yu Location: Sonwai 4-5
5:00PM-5:30PM	<b>Camptime fun!</b> Location: Sonwai 4-5
5:30PM	<b>Expo Camp pick up</b> Locations: Mini Warriors: Dunes   Junior Warriors: Arroyo   Senior Warriors: Sonwai 4-5
6:00PM-9:00PM	<b>Old Town Scottsdale shuttles</b>
6:00PM-10:00PM	<b>Expo cabanas</b> Hit the pool and take cover in one of the complimentary Expo cabanas. Location: Family Pool
7:00PM-9:00PM	<b>Gondola boat rides</b> Transport yourself to the waterways of Venice aboard a beautifully-crafted gondola. Classically-trained singers provide an Italian serenade as you cruise the resort’s lake.
7:30PM-8:00PM	<b>#UnhideECZEMA Panel</b> Meet at the family pool to hear fellow eczema warriors discuss what it meant for them to #unhideECZEMA, why they did it, and how it changed their lives. Are you ready to #unhideECZEMA? We’ll give you a chance to join the movement! Hosted by Health Central. Location: Family Pool
8:00PM-10:00PM	<b>Cosmic Night</b> Let loose at the Hyatt’s signature pool party, with day-glo Cosmic Slide, complimentary climbing on their 28-foot rock wall, and more! Location: Family Pool

## SATURDAY

7:00AM-7:30AM	<b>Expo wellness classes</b> Locations: Sunrise Yoga (outdoors): Palm Grove   Morning Yoga (indoors): Sonwai   Mindful meditation: McDowell   Ecz-ercise: Markland   Water Fitness: Family Pool   Family Fitness: Hyatt Boardroom   Alpine Start Rock Climbing: Rock Wall (7:00AM-8:00AM)
8:00AM-8:45AM	<b>Expo Camp dropoff</b> Locations: Mini Warriors: Dunes   Junior Warriors: Arroyo   Senior Warriors: Sonwai 4-5
8:00AM-10:15AM	<b>Camptime fun!</b> Location: Sonwai 4-5
8:45AM-9:30AM	<b>Eczema sucks (ages 12-14)</b> Let's get real. Sometimes, living with eczema can be a serious bummer. This is your chance to vent about the realities of life with eczema, no holds barred. Medical expert: Peter Lio, MD Location: McDowell
9:15AM-9:30AM	<b>Snack</b> Flare-friendly eats - on us!
9:30AM-10:10AM	<b>Eczema sucks (ages 15-17)</b> Let's get real. Sometimes, living with eczema can be a serious bummer. This is your chance to vent about the realities of life with eczema, no holds barred. Medical expert: Peter Lio, MD Location: McDowell
10:30AM-11:15AM	<b>Senior session: Ask the ecz-perts</b> This is your chance to get expert answers to all of the questions you haven't yet asked at Expo. Medical experts: Sam Casselman, DNP, Andrew Alexis, MD Location; McDowell
11:30PM-12:15PM	<b>Lunch</b> Flare-friendly eats - on us! Sonwai 4-5
12:15PM	<b>To buses</b> Alternative: Skip the filed trip and hang out at the Hyatt
12:30PM-4:00PM	<b>OdySea Aquarium</b>
4:00PM	<b>Snack</b> Flare-friendly eats - on us!
4:00PM-4:30PM	<b>Travel back to Hyatt</b>
4:30PM-5:30PM	<b>Camptime fun!</b> Location: Sonwai 4-5
5:30PM	<b>Expo Camp pick up</b> Locations: Mini Warriors: Dunes   Junior Warriors: Arroyo   Senior Warriors: Sonwai 4-5

6:30PM-7:30PM	<b>Senior Warriors Taco Social</b> Hang out and eat tacos with your friends. Flare-friendly dinner and dessert is on us. Location: Markland
7:30PM-9:30PM	<b>Option 1: Movie Night</b> Join the Junior Warrior crew to settle in with friends and snacks for a showing of Pixar's Coco. Location: Sonwai 1-3
7:30PM-11:30PM	<b>Option 2: Ecz-travaganza</b> Join the adults for a dance party to celebrate NEA's 30 <sup>th</sup> Anniversary and our community of eczema warriors. Sponsored by Sanofi Genzyme Regeneron Location: Arizona IV-V and South Foyer

## SUNDAY

7:00AM-7:30AM	<b>Expo wellness classes</b> Locations: Sunrise Yoga (outdoors): Palm Grove   Morning Yoga (indoors): Sonwai   Mindful meditation: McDowell   Ecz-ercise: Markland   Water Fitness: Family Pool   Family Fitness: Hyatt Boardroom
8:00AM-8:45AM	<b>Expo Camp dropoff</b> Locations: Mini Warriors: Dunes   Junior Warriors: Arroyo   Senior Warriors: Sonwai 4-5
8:00AM-10:15AM	<b>Camptime fun!</b> Location: Sonwai 4-5
10:15AM-10:30AM	<b>Snack</b> Flare-friendly eats - on us! Location: Sonwai 4-5
10:30AM-12:30PM	<b>Awards, address books, final photos</b> Location: Sonwai 4-5
12:30PM	<b>Expo Camp pick up (Junior and Senior Warriors)</b> Location: Vaquero Ballroom
12:30PM-2:30PM	<b>Lunch and closing ceremonies</b> We're getting the whole gang together! Junior and Senior warriors will join the adults for a flare-friendly group lunch and Expo-closing ceremonies. Sponsored by Sanofi Genzyme Regeneron Location: Vaquero Ballroom
2:30PM	<b>Expo Camp pick up (Mini Warriors)</b> Location: Dunes
2:30PM-6:00PM	<b>Expo cabanas</b> If you're up for a dose of the desert sun, hit the pool and take cover in one of the complimentary Expo cabanas. Location: Family Pool and Adult Pool
3:00PM-5:00PM	<b>Workshop - Celebrate your skin</b> (under 15 with approval)

	<p>Harness the momentum of Expo and take the next step in your transformation. Join Instagram influencer Alexis Smith, writer Sarah Harris, and photographer Tori Soper for a workshop designed to help you own your eczema and celebrate your skin. Location: Sonwai 1-3</p>
3:00PM-5:00PM	<p><b>Workshop - Advocacy intensive</b> (under 15 with approval) Are you ready to take action? Learn how <i>you</i> can get involved and make a difference. Presenter: Manan Shah Location: Arizona VII</p>
3:00PM-5:00PM	<p><b>Workshop - Community Activation intensive</b> (under 15 with approval) Are you ready to take action? Learn how you can activate in your community with awareness-raising events, fundraisers, and educational talks. Location: McDowell</p>