

# Agenda - Junior Warriors (age 6-11) Agenda subject to change

Virtual Expo offers a flexible, modular agenda where each registrant can assemble their own customized schedule of sessions that interest them at times that will work for them. Unable to attend all of the sessions you'd like? Many presentations will be available later on demand.

### Friday, July 24

3 - 3:45 p.m. PDT

### Opening session

Come one, come all! Let's get together to kick off our global gathering. Julie Block, National Eczema Association's (NEA) President and CEO, and dermatologist Dr. Peter Lio, NEA board member and eczema specialist, will kick off this historical virtual event.

## 5 - 6 p.m. PDT

Meetups

### Saturday, July 25

# 5 - 5:45 a.m. PDT

Fitness sessions Get moving with a family-friendly fitness session!

### 6:30 - 7 a.m. PDT

Activity: Face to Face: Introduce Yourself Description: Join the Zoom room to get a little face time with fellow Junior Warriors.

#### 8 - 8:30 a.m. PDT

Fitness sessions Get moving with a family-friendly fitness session!

### 8:30 - 9 a.m. PDT

Activity: Face to Face: Introduce Yourself Description: Join the Zoom room to get a little face time with fellow Junior Warriors.

#### 9 - 9:45 a.m. PDT

Activity: Make Something Wonderful!

Description: Our art experts are concocting fun, inspiring, age-appropriate art projects. Once their creations are complete, young eczema warriors can put them on display in our interactive virtual gallery!

# 10:00 - 10:30 a.m. PDT

Live Q&A: Ask Me Anything (AMA): Pediatric dermatologist, Dr. Lisa Swanson. This a chance for young eczema warriors to ask an eczema expert anything!

### 11 - 11:30 a.m. PDT

Activity: They're Playing Your Song!

Description: Get ready to make beautiful music with fellow eczema warriors and our music expert in this fun, interactive, creative session! Once the session is complete, young eczema warriors can record their musical performance and put it on display in our interactive virtual gallery!

### 1 - 1:30 p.m. PDT

Live Q&A: Ask Me Anything (AMA): Tween and Teen Warriors This a chance for eczema warriors aged 6-11 years old to ask tween and teen warriors anything!

### 2 - 3:00 p.m. PDT

Activity: Scavenger Hunt

Description: Get ready for an afternoon adventure! Complete missions and solve riddles to get to successfully complete the hunt! Once their scavenger hunt is complete, young eczema warriors can upload their photos to our interactive virtual gallery!

# 4:30 - 5:30 p.m. PDT

Game night

### 5:30 - 7 p.m. PDT

Ecz-travaganza virtual dance party

### Sunday, July 26

5 - 5:45 a.m. PDT

Fitness sessions Get moving with a family-friendly fitness session!

# 8 - 8:30 a.m. PDT

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# 8 - 8:45 a.m. PDT

Activity: Make Something Wonderful!

Description: Our art experts are concocting fun, inspiring, age-appropriate art projects. Once their creations are complete, young eczema warriors can put them on display in our interactive virtual gallery!

# 9 - 9:45 a.m. PDT

Activity: It's a Small World After All

Description: Come together as a group for this year's exploration of eczema, self-identity and shared experiences of being a kid. Eunice Yu will lead an activity that will underscore how small the world really is and how lucky we are to have one another, itch or no itch!

# 11 - 11:30 a.m. PDT

Activity: They're Playing Your Song!

Description: Get ready to make beautiful music with fellow eczema warriors and our music expert in this fun, interactive, creative session! Once the session is complete, young eczema warriors can record their musical performance and put it on display in our interactive virtual gallery!

# 12 - 12:45 p.m. PDT

Closing session Let's all come together to celebrate this inspiring and empowering event!

# Ongoing programming

Quiz Central

Adult, Senior (teen) and Junior (child) attendees can test their Eczema IQs on topics from eczema and skincare basics, to sleep and itch, to handling eczema's mental health challenges. Take quizzes to collect badges for raffle entries. Junior Warrior quizzes, geared for children 6-12 years old, will include:

- What is Eczema?
- How to Take Care of Your Skin
- What to Do When Your Eczema Itches
- What to Do When Your Eczema Makes You Feel Sad

### Gathering spaces

Meet new friends from the global eczema community and connect with world-class experts and industry leaders in our virtual gathering spaces.

### Challenges

Share your flares, demonstrate your cooking skills and show off your dance moves! Join one or all of our challenges to connect with fellow Expo attendees and get badges for raffle entries.

### Raffle

Throughout the Virtual Expo site, you'll find opportunities to earn badges which will be applied toward raffle entries for prizes selected just for our eczema community.